



1. Embrace your mistakes and learn from them. Everyone makes mistakes and, when used right, they will lead us closer to our success.
2. Refuse mediocrity; live life full of gusto. Insist on energy flowing out of every pore and do not allow yourself to emulate defeat.
3. Insist on learning about people every day. The more you understand about people, what makes them tick and why they do what they do, the more you will understand their creator.
4. Maintain your physical health for a long and pleasant life. What you eat, how you sleep, and the strength of your physical body will have a big impact on your success. No matter how successful you are, if your body cannot enjoy the ride, something will be missing. Take care of your body, for it houses the real you while you are on the earth. Exercise uses time; however, it improves the quality of your remaining time on earth.
5. Set goals that will bring you to your success. Write out a "to-do-list" each day that will guide you toward your success.

"IT HAD LONG SINCE COME TO MY ATTENTION THAT PEOPLE OF ACCOMPLISHMENT RARELY SAT BACK AND LET THINGS HAPPEN TO THEM. THEY WENT OUT AND HAPPENED TO THINGS."

- VINCE LOMBARDI