



**"COMMITMENT IS WHAT TRANSFORMS A PROMISE INTO A REALITY." - ABRAHAM LINCOLN**

### 1. WHY DO I WANT TO COMMIT?

- A. \_\_\_\_\_  
\_\_\_\_\_
- B. \_\_\_\_\_  
\_\_\_\_\_
- C. \_\_\_\_\_  
\_\_\_\_\_
- D. \_\_\_\_\_  
\_\_\_\_\_

**"MOTIVATION IS WHAT GETS YOU STARTED. COMMITMENT IS WHAT KEEPS YOU GOING." - JIM ROHN**

### 2. HOW DO I MAKE A QUALITY COMMITMENT?

- A. Determine what you want to commit to.  
\_\_\_\_\_  
\_\_\_\_\_
- B. Determine time, resources, relationships required to fulfill the task that you are committed to.
  - 1) How many hours a week will this require of your time?  
\_\_\_\_\_  
\_\_\_\_\_



# COMMITTED TO THE CAUSE

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2) Do you have time to do this? Yes \_\_\_\_ No\_\_\_\_

3) What are you willing to eliminate to fit this in?

4) How many hours a week will this require of others' time?

5) Who, other than yourself, will you need help from?

6) Will you need new relationships added to accomplish the task?

7) How much money is needed to fund this commitment?

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8) What tools, buildings, equipment will be required?

C. Discuss this new commitment with those in your life who will be affected by the decision to engage this opportunity.

D. Determine that this commitment will not detract from other commitments you are already involved with.

E. Based on balance and information, now make a commitment from which there is no retreat, hesitation Are your commitments balanced?



Will any other area suffer because of this commitment?

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What do you need to do to balance the list?

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With all the information are you now prepared to make your commitment?

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**"COMMITMENT IS THE FOUNDATION OF GREAT ACCOMPLISHMENTS." - HEIDI REEDER**

### 3. WHO CAN ASSIST ME IN MY COMMITMENT?

A. \_\_\_\_\_

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B. \_\_\_\_\_

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C. Maintaining the course.

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1) \_\_\_\_\_

2) \_\_\_\_\_

D. Evaluation of results.

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1) \_\_\_\_\_

2) \_\_\_\_\_

**"MOST PEOPLE FAIL, NOT BECAUSE OF A LACK OF DESIRE BUT BECAUSE OF A LACK OF COMMITMENT." - VINCE LOMBARDI**

### 4. WHAT TOOLS DO I NEED TO STAY ON TRACK WITH MY COMMITMENT?

A. Accountability Sheet

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B. Daily Log Sheet

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C. Confession

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D. Info sheet on individuals that will assist with my commitment

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a) Name \_\_\_\_\_

b) Phone # \_\_\_\_\_

c) Email \_\_\_\_\_

d) Area they will be helping me \_\_\_\_\_

**"THERE'S A DIFFERENCE BETWEEN INTEREST AND COMMITMENT. WHEN YOU'RE INTERESTED IN DOING SOMETHING, YOU DO IT ONLY WHEN IT'S CONVENIENT. WHEN YOU'RE COMMITTED TO SOMETHING YOU ACCEPT NO EXCUSES; ONLY RESULTS."  
- KENNETH BLANCHARD**

### 5. WHERE DO I COMMIT?

A. Evaluation Sheet - 8 areas designed with lines to list current commitments

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B.

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C. \_\_\_\_\_

D. \_\_\_\_\_

**"THE QUALITY OF A PERSON'S LIFE IS IN DIRECT PROPORTION TO THEIR COMMITMENT TO EXCELLENCE, REGARDLESS OF THEIR CHOSEN FIELD OF ENDEAVOR." - VINCE LOMBARDI**

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